



20th Annual Terry Conners Synchronized Skating Open

Saturday, December 7th and Sunday December 8th 2019
Terry Conners Ice Rink
Cove Island Park, Stamford, CT

Sponsored by:
Southern Connecticut Synchronized Skating Parent Organization &
Skating Club of Southern Connecticut
Sanctioned by U.S. Figure Skating Association

Important Information for 2019

Secure Online Registration and Credit Card Payment will
be conducted using EntryEeze exclusively. Please visit our
website at: <http://terryconnerssynchro.org/> or
<http://comp.entryeeze.com/Home.aspx?cid=495>
Deadline for Entries: Midnight on October 7th 2019

The Terry Conners Open will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current Rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all synchronized teams comprised of members who are eligible, restricted, reinstated, or readmitted persons, as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book regarding eligibility of non-U.S. Citizens.

This event is proud to participate in the National Synchronized Skating Series. Participation in this series is open to all Snowplow Sam Synchro, Synchro Skills 1, 2, or 3 teams and Preliminary, Pre-Juvenile, Open Juvenile, Open Collegiate, Open Adult and Open Masters teams. Visit www.usfigureskating.org for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

ELIGIBILITY / TEST AND AGE REQUIREMENTS: Skaters must meet the age requirements by the July 1st preceding this competition. This competition is not requiring that Moves in the Field test requirements be met, with the exception of the maximum allowed at the Learn to Skate USA levels (Snowplow Sam Synchro and Synchro Skills 1-3).

ENTRIES: Online registration with secure credit card payment is available at www.terryconnerssynchro.org with a link to our EntryEeze competition website at <https://comp.entryeeze.com/Home.aspx?cid=495>

Online entry must be completed by midnight on Monday, October 7th 2019.
Only EntryEeze applications with online payments will be accepted.

Notification of competition and practice ice times will NOT be available by phone, mail, or email. Schedules will be available via the web at www.terryconnerssynchro.org Late entries will be accepted at the discretion of the referee with an additional \$50 per team charge. We reserve the right to combine, separate or eliminate categories.

A single team contact must register each team separately. For all events you will need to register and pay for each team separately (all members together) in the online system. When you register the team, you will need to provide the following information:

- "Team Contact" – this will be the contact information for a primary person who will be responsible for the team
- "Team Name" – this will be the name of the team used on the skating orders and in the program
- Number of team members (this should include alternates) and will be the basis of the per member charge for the event
- The team roster - for each of the team members, you will need the following information:
 1. Skater first and last name
 2. Skater date of birth
 3. Skater highest test passed for moves in the field
 4. Skater USFS number
 5. Email address of the skater if over 18 or the email address of the skater's legal guardian if under 18 so that they can accept the liability waiver for that skater

Survey questions on EntryEeze will also be used to gather additional information for each team during the registration process as follows:

- City and State where Club is located
- Title of music submitted for each team
- Will you be submitting a team photo? (Deadline for submission is November 7th , 2019.)
- Do you want a Judges' Critique?
- Any special requests for Unofficial Practice Ice?
- Do you want to purchase an advertisement for the Program Book?
- Name of Chaperone 1*
- Name of Chaperone 2 (optional)

For fastest response, please direct any inquires to Meg Bhat, Event Chair, at www.ferryconnersopen@gmail.com.

Entry Fees:

Event Category	Fee	Description
Preliminary, Pre-Juvenile, Open Juvenile, Open Adult, Open Masters, Open Collegiate	\$280 per team / event \$25 per competitor including Alternates	6.0 Judged Events
Intermediate, Novice, Junior, Senior Short,	\$390 per team /event \$25 per competitor, including Alternates	IJS Events Entry fee includes \$280 event fee plus \$110 for (1) 10 minute official practice ice segment
Juvenile, Masters, Adult	\$390 per team /event \$25 per competitor, including Alternates	IJS Events Entry fee includes \$280 event fee plus \$90 for (1) 8 minute official practice ice segment
Junior, Senior Free Skate Collegiate	\$410 per team / event \$25 per competitor, including Alternates	IJS Event Entry fee includes \$280 event fee plus \$130 for (1) 12 minute Official practice ice
Junior Senior combined Short/Free Skate	\$545 per team / event \$25 per competitor including Alternates	Entry fee includes \$325 event fee plus \$220 for (1) 10 minute and (1) 12 minute official practice ice
Synchro Skills 1-3 Snowplow Sam	\$60 pr team / event \$10 per competitor including Alternates	6.0 Judged Event

Note: The entry fee includes an official practice ice fee for all IJS judged events. (See Practice Ice section for more information) A photography fee, which permits unlimited FREE picture and video downloads, is also incorporated in the entry fee. (See Photography section for further details) All teams will also be charged a \$10 administration fee on EntryEeze.

***Please reference admission section regarding new rules around Chaperones**

Synchro Skills 1-3 and Snowplow Sam Synchro events will be run in accordance to the Learn to Skate USA Competition Manual (a maximum of 6 teams per group).

For Synchro Skills levels, if a team fits into one level age-wise, but would like more of a challenge, they should be able to "skate-up" one level (for example, team has majority of skaters under 9 years old but would like to skate in the Synchro Skills 2).

REFUND POLICY:

Entry fees will not be refunded after October 7th, 2019 unless no competition exists or is canceled. The online processing fees are non-refundable. Contested credit card charges will be assessed a \$50 processing fee. Payment of the fee will be required before the team is allowed to participate in practice ice or events.

FACILITIES:

The Terry Connors Synchronized Skating Open will be held at the Terry Connors Ice Rink (<http://www.tcrink.com/>) located at 1125 Cove Road, Stamford, CT, 203-977-4514. The rink is situated in Cove Island Park, just minutes off CT Interstate 95, exit 9. The rink is 85x200 feet. The temperature is average for an ice rink. There is a snack bar on premises. There are many local restaurants within a short driving distance from the rink. The front parking lot of the rink is reserved for buses, visitors with disabilities, judges, officials and vendors. Ample parking is available adjacent to the rink at no charge. The competition and practice ice will be held on Saturday, December 7th 2019 (beginning at approximately 11:00 am) and Sunday, December 8th 2019 (all day, ending no later than 5:00 pm). As indoor space at the rink is limited, the host hotels have agreed to offer discounted rates on conference rooms which will allow teams to warm-up and practice their routines before the event.

LOCKER ROOMS AND CHANGING AREAS:

This event will follow the Locker Rooms and Changing Area policy included in the SafeSport Handbook.

MUSIC:

Rules governing music selection can be found in the U.S. Figure Skating Rulebook, rules 7200-7520

For the Terry Connors Open, online music submission is the **ONLY** acceptable method to submit program music. We will **NOT** accept CDs! After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "Competition" tab and then selecting "My Music." Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your free skate! All music must be uploaded by **Nov 22nd 2019 11:59PM ET**. Please confirm the exact date on EntryEeze.

The uploaded program music **MUST** conform to the following specifications:

- | | |
|--------------------|---|
| Programs per file: | One (1) - Only one event segment program music (e.g. short program, free skate, short dance, free dance, etc.) per file is allowed. |
| File Format: | mp3 or m4a - The uploaded file music must be an mp3 (MPEG-1 or MPEG-2 Audio Layer III) or m4a (MPEG-4 Audio) file. Simply changing the file extension to "mp3" or "m4a" from another file format is not acceptable. |
| Bit Rate: | 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted). |

Maximum file size: 10 MB
Maximum run time: Five (5 minutes)
ID3 Metadata (tags): None - The Chief Music Coordinator strongly requests that mp3 and m4a files DO NOT contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, NO EMBEDDED IMAGES!
Maximum leader: The Chief Music Coordinator requests that there be NO leader. The leader is the silence between the start of the track and the actual start of the program music
Maximum trailer: The Chief Music Coordinator requests that there be NO trailer. The trailer is the silence between the end of the program music and the end of the actual track.

Backup Music at Event (CDs)

In addition to submitting the music online, **all competitors/teams must also have at least one (1) backup copy of their competition music on CD, AT RINKSIDE, during the actual competition event segment or official practice.** CDs must meet the following requirements:

- Standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 or m4a are NOT acceptable.
- Clearly marked with a permanent marker (e.g. Sharpie, do NOT use a label or tape) as follows: First Name, Last Name, (Club – Optional but requested), Event, Event Segment and Music Length (e.g. Jane Smith, Acme FSC, Novice Ladies, Free Skate, 3:10 or Synchro Team, Widget FSC, Preliminary, Free Skate, 1:59)
- Each CD may have only ONE (1) music track on it. In the case where a skater competes in both a short program/dance and a free skate/free dance, two (2) separate discs must be available. Any disc with more than one (1) track is NOT acceptable.
- Lead in time (time before the music begins) on CDs may not exceed two (2) seconds.
- Due to the compatibility and reliability reasons, music may NOT be submitted on re-recordable "CD-RW" discs. **PLEASE, no CD-RWs!!**

The Local Organizing Committee ("LOC"), competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition. Those CDs will be destroyed.

Interruption in Music – U.S. Figure Skating Rule 1403

If, after the competitor/team's name has been called to compete, there is an issue with the downloaded music or CD provided at the event, the competitor will have up to 3 minutes to rectify the situation with a backup copy of the music on CD. After 3 minutes, the competitor/team will be considered withdrawn.

Administrative Fee for Incorrect/Changed Music or Failure to Upload Music

The LOC may assess each competitor/team an additional charge, up to \$50.00 per event segment, to manually handle a competitor/team's music, if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate), or 4) requests a change of music after the music upload deadline. In the event the LOC decides to assess an administrative fee, the competitor/teams will not receive their credentials at registration until they pay the fee and turn in their music on CD, conforming to the requirements above.

PLEASE HAVE SEPARATE CDs FOR PRACTICE AND COMPETITION.

LIABILITY: U.S. Figure Skating, Southern CT Synchronized Skating Parent Organization (SCSSPO), Skating Club of Southern Connecticut (SCSC) and Terry Conners Rink, or any of their officers, members, staff, officials, or volunteers undertake no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

International Judging System (IJS)	Majority 6.0 Judging System
Juvenile	Snowplow Sam Synchro
Intermediate	Synchro Skills 1-3
Novice	Preliminary
Junior Short Program & Free Skate	Pre-Juvenile
Senior Short Program & Free Skate	Open Juvenile
Collegiate	Open Adult
Adult	Open Masters
Masters	Open Collegiate

All teams competing in a level judged under IJS will be required to complete a Planned Program Content Sheet. Each team's Planned Program Content sheet must be completed via their Member's Only profile at www.usfsaonline.org **at least 7 days** before the start of the event.

REGISTRATION:

Registration will take place inside the side entrance of the rink beginning at 9:00am Saturday December 7th, 2019 and 5:00 am on Sunday December 8th, 2019. The side entrance is to the left of the main entrance when facing the building. The registration table will be located to the left immediately as you enter the side door. One representative should register on behalf of the team as soon as the team arrives at the competition. Coaches, team managers, and Chaperones must register separately to receive their credential (see coaching requirements below).

ADMISSION:

*In addition to the registered skaters, each team will receive two chaperone credentials (one team manager and one service personnel) and two coach credentials. **In order to receive a chaperone credential, each team manager and team service personnel must have completed the SafeSport Training and successfully passed a background check. Those that cannot produce proof that these have been successfully completed will not be provided a chaperone credential.***

Team managers and team service personnel will be asked to pick up their own credentials. These credentials are only to be used by the team manager and team service personnel who originally picked them up and may not be shared. Anyone found using a credential, not on the approved compliance list, will have their credential privileges revoked for the duration of the competition and the violation will be brought to the attention of U.S. Figure Skating and the Ethics Committee.

Please see the U.S. Figure Skating SafeSport Handbook for more details.

Admission Pricing -

This is PER DAY. Re-entry during the day is permitted. Rates will apply for all day Saturday until 630 pm* because we alternate practice with competition ice.

Adults (>12) \$15

Senior Citizens (65+) \$10

Children (3-12) \$5

Veterans and active military are free of charge with proper ID (but does not include family)

* We are sensitive to the fact that some skaters may only have practice ice on Saturday evening and compete on Sunday. Since the schedule will not be determined until 2 weeks before the event, we cannot confirm the time that a single day pass on Saturday will be valid until.

PRACTICE ICE:

Practice ice will be available for all participating teams at the Terry Conners Rink. All practice ice must be pre-paid online at the time of registration. If the Terry Conners Synchronized Skating Open is not able to provide the number of sessions requested, teams will be notified and will receive a refund at registration.

Note: The program music submitted online will be used for practice ice. All teams must have at least one backup music CD available rink-side for practice sessions. (See MUSIC section for specifications.)

Practice for IJS Teams:

Practice ice is mandatory for teams competing in events judged under the IJS and will be held on December 7th 2019 after 1:00 pm or December 8th, 2019 beginning at approximately 6:00 am. Official practice ice will be scheduled by the Chief Referee and will be conducted in accordance with the U.S. Figure Skating Rule 2940 and as described in this announcement.

Practice ice fees for IJS teams are included in the entry fee, by event category, when registering on EntryEeze, so no additional steps are required. The Official Practice Ice session will automatically appear as a "FREE" line item in the EntryEeze shopping cart. Optional unofficial practice ice may also be purchased by IJS teams during the registration process for an additional fee.

Each team will be allowed a short warm up period prior to the start of the music. Each team will be allowed to have their music played two times. No stopping or restarting music will be allowed once the music has started.

Official practice ice segments for the following events will be in twelve (12) minute sessions:

Junior, Senior and Collegiate free skate. Each twelve (12) minute segment is \$130. For the free skate (12) minute sessions, the music will be played for the first time no later than the minute mark of the session. The music will be played for the second time no later than the seven minute mark of the session. A thirty (30) second warning announcement will be given prior to the start of the music for the second time. Timing will begin when the first skater steps on the ice.

Official practice ice segments for the following events will be in ten (10) minute sessions:

Intermediate, Novice, Junior and Senior Short. Each ten (10) minute segment is \$110. For the short program and free skate ten (10) segments, the music will be played for the first time no later than one and one half (1 ½) minute mark of the session. The music will be played for the second time no later than the six and one half (6 ½) minute mark of the session. A thirty (30) second warning announcement will be given prior to the start of the

music for both times. Any time left in the session will be announced at the completion of the playing of the music for the second time. Timing will begin when the first skater steps on the ice.

Combined (22) minutes practice ice segments receive a discounted rate of \$210.

Official practice ice segments for the following events will be in eight (8) minute sessions:

Juvenile, Master, and Adult. Each eight (8) minute segment is \$90. For the short program and free skate ten (10) segments, the music will be played for the first time no later than one and one half (1 ½) minute mark of the session. The music will be played for the second time no later than the five (5) minute mark of the session. A thirty (30) second warning announcement will be given prior to the start of the music for both times. Any time left in the session will be announced at the completion of the playing of the music for the second time. Timing will begin when the first skater steps on the ice.

Combined (16) minutes practice ice segments receive a discounted rate of \$175.

Unofficial Practice Ice for Non-IJS Teams:

Once mandatory practice ice has been scheduled, non-IJS teams will be scheduled. The Terry Conners Open will do its best to accommodate practice ice requests, but it cannot be guaranteed. Practice ice is sold on a first come, first serve basis.

Practice Ice Requests and payment MUST be submitted when registering teams on EntryEeze.

Unofficial practice ice will be in ten (10) minute segments at a rate of \$110. Music may be played as many times as desired during the ten (10) minute session without restrictions. Practice Ice Schedules will be available via the web at www.terryconnersynchro.org.

PHOTOGRAPHY / VIDEOGRAPHY:

Cinematic Images by Classic Video Productions is the official photographer for the Terry Conners Synchronized Open. Professional photographs and videos will be taken of the teams during the competition and made available after the event for viewing via the company's website.

A photography fee has been included with the entry fees. This allows all teams and team members FREE unlimited download access to all digital photographs taken at the event without any additional charges. FREE video downloads will also be available. Purchasing a DVD or prints from the vendor is at your own discretion.

AWARDS:

Award ceremonies will be scheduled throughout the day. A team trophy will be awarded for the First place team in each category. Medals will be given to each skater and alternate finishing in the first through fourth place. Junior and Senior short /free skate programs are treated as separate events. Awards are held off ice in the designated photography area. Results will be posted on the bulletin board located between the awards area and the exit door.

OFFICIAL NOTICES:

An official bulletin board will be maintained on the wall outside of the main rink office located to the left of the main entrance. It is the responsibility of each competitor, parent, and/or coach to check the bulletin board frequently for any schedule changes and/or additional information.

This event is a standard U.S. Figure Skating Synchronized Skating Nonqualifying Competition. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event.

The official schedule of events will be posted no later than 14 calendar days prior to the commencement of the competition.

INFORMATION REGARDING ALL COACHES:

To coach at a U.S. Figure Skating nonqualifying competition, a professional coach or choreographer must be:

- Must be a current full member of U.S. Figure Skating- either through a member club or as an individual member.
- If 18 years of age or older, must submit the proper payment of \$20 through the U.S. Figure Skating Members Only website, and submit information for and successfully pass an annual background check.
- Must complete the CER SafeSport training course and any additional courses as required in MR 5.12 effective starting July 1, 2018.
- Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.

The Terry Conners Synchronized Skating Open will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in U.S. Figure Skating, proof of compliance, and a photo I.D. at check in.

If a coach cannot provide a photo ID and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.

Foreign coaches will be required to present the LOC with a letter, from their federation, verifying they are a member in good standing.

CONTACT INFORMATION:

Competition web site: www.terryconnerssynchro.org

For questions, please contact the following individuals:

Competition Chair:	Meg Bhat	terryconnersopen@gmail.com	203 273 2984
Chief Referee:	Ann Fauver	atfsynchro@gmail.com	207 967 3395

ADDITIONAL INFORMATION:

1. Hotel Accommodations:

We have negotiated special rates and reserved blocks of rooms for teams and their families at the following hotels:

Stamford Sheraton Hotel and Resort

700 East Main Street

Stamford, CT 06901

(203) 358-8400

(800) 325-3535

Rate: \$112 per night

Discounted self-parking of \$7 per night for overnight guests.

Stamford Marriott Hotel and Spa

243 Tresser Boulevard

Stamford, CT 06901

(203) 977-1291

Rate: \$115 per night

Complimentary self-parking for overnight guests.

Both hotels are conveniently located off of Interstate 95 at exit 8. The rink is three miles or approximately a five-minute drive from the Sheraton and Marriott. The Stamford Town Center Mall is a short walk from each hotel and both offer free hotel shuttle service. To book your room and receive the special competition group rate, visit the Terry Conners website at www.terryconnerssynchro.org. Once on the site, go to the Terry Conners Open tab and click on the Sheraton or Marriott logos for direct access to hotel bookings. If you wish to reserve a conference room for off ice practice, please contact the hotel. The group rates are available only until November 23rd, 2019, so book early to avoid disappointment and mention the Terry Conners Synchro Open.

2. Souvenirs:

The official program and event pin for the Terry Conners Open will be on sale throughout the competition while supplies last. Vendors selling skating merchandise, including logo wear, will be available at the rink.

3. Critiques:

Critiques will be offered to all participating teams. IJS teams will receive one-on-one critiques by the technical panel. A schedule will be posted online and in the arena with specific critique times. If a critique cannot be scheduled during or immediately following the end of the competition, you will receive it by email. In order to receive the judge's critiques, you must answer YES when completing the survey questions during the online EntryEeze registration for each team.

For 6.0 teams competing on Saturday, a one-on-one critique from the judges will be provided. Events held on Sunday will have one-on-one critiques scheduled throughout the day, or immediately after the end of the competition. If scheduling does not permit this, they will receive their critique via e-mail using contact information from EntryEeze. The final critique schedule will be posted online and in the arena ahead of time so that the teams will know to expect a one-on-one meeting or email.

4. Competition Schedule:

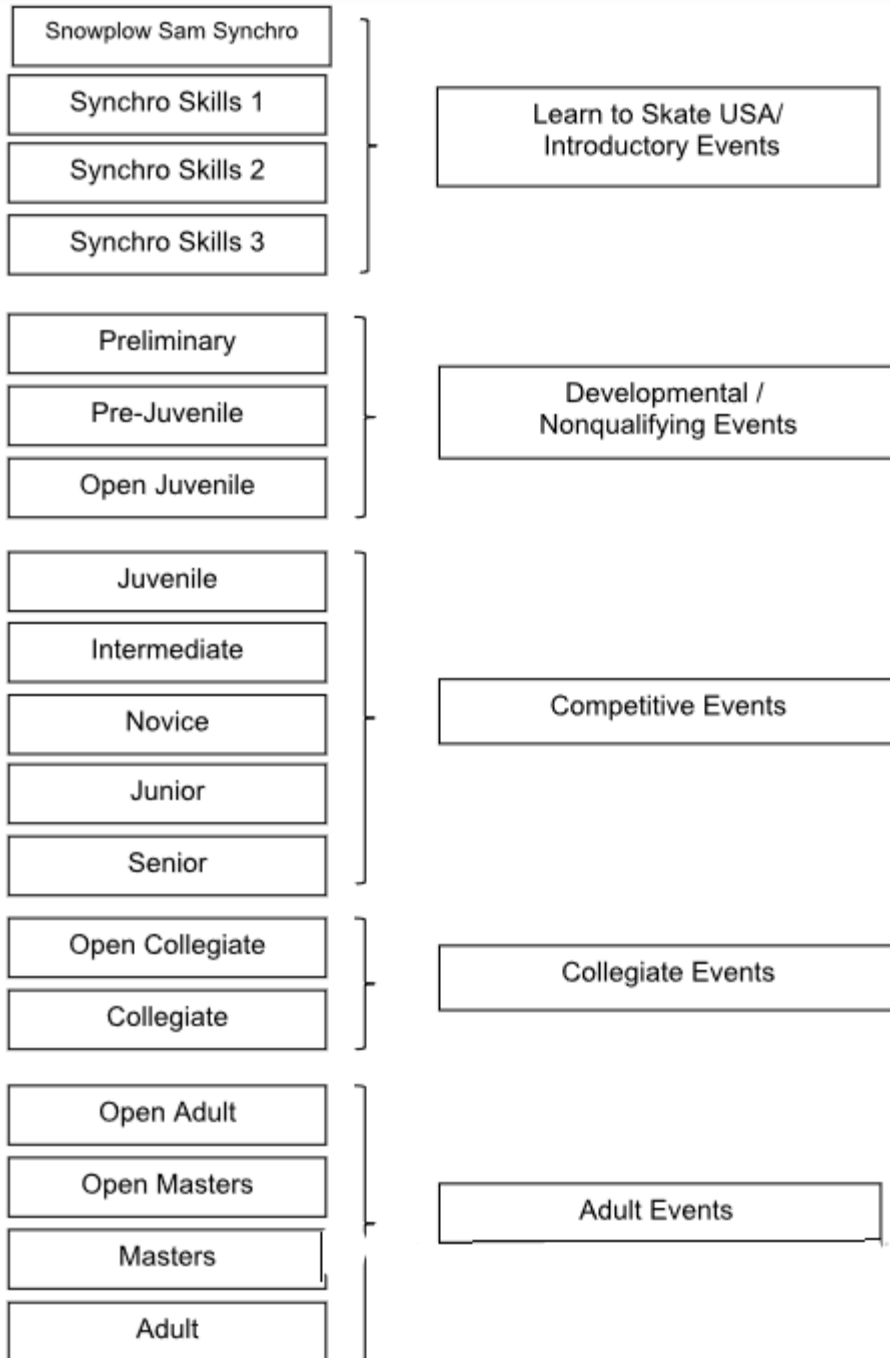
The competition schedule will be posted on the event website www.terryconnerssynchro.org No later than 14 calendar days prior to the commencement of the competition.

EVENTS OFFERED:

See the current rulebook/website for current rules and ISU communications.

<http://www.usfigureskating.org/story?id=84114>

Illustration of Synchronized Skating competitive pipeline and events; age restrictions, test requirements, and program duration are on the next page:



A. Snowplow Sam Synchro

A team of 5-12 skaters. The majority of the team must be under 7 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules:

<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

B. Synchro Skills 1:

A team of 8 to 16 skaters. The majority of the team must be under 9 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules:

<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

C. Synchro Skills 2:

A team of 8 to 16 skaters. The majority of the team must be under 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules:

<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

D. Synchro Skills 3:

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: maximum 2 minutes, 10 seconds.

Rules:

<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

E. Preliminary:

A team of 8 to 16 skaters. All skaters must be under 12.

The majority of the team must be under 10.

Program duration: 2 minutes.

Well balanced program: Rule 7270

F. Pre-Juvenile:

A team of 8 to 16 skaters. The majority of the team must be under 13.

Program duration: 2 minutes, 15 seconds.

Well balanced program: Rule 7260

G. Open Juvenile:

A team of 8 to 16 skaters. Skaters must be under 20 and have passed the pre-preliminary moves in the field test.

Program duration: 2 ½ minutes.

Well balanced program: Rule 7250

H. Juvenile:

A team of 12 to 20 skaters. Skaters must be under 13 and have passed the pre-juvenile moves in the field test.

Program duration: 2 minutes, 30 seconds

Well balanced program: Rule 7240

I. Intermediate:

A team of 12 to 20 skaters. Skaters must be under 18 and have passed the juvenile moves in the field test.

Program duration: 3 minutes

Well balanced program: Rule 7230

This event is a standard U.S. Figure Skating Synchronized Skating Nonqualifying Competition

J. Novice:

A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17. All must have passed the intermediate moves in the field test.

Program duration: 3 minutes

Well balanced program: Rule 7220

K. Junior:

A team of 12 to 16 skaters. Skaters must be at least 13 and under 19 on the preceding July 1. All skaters must have passed the novice moves in the field test.

Short program duration: Maximum 2 minutes, 50 seconds

Free skate duration: 3 minutes, 30 seconds

Well balanced program and short program: Rule 7210

L. Senior:

A team of 16 skaters. Skaters must be at least 15 on the preceding July 1 and have passed the junior moves in the field test.

Short program duration: Maximum 2 minutes, 50 seconds

Free skate duration: 4 minutes

Well balanced program and short program: Rule 7200

M. Open Collegiate:

A team of 8 to 16 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline.

Program duration: 2 minutes, 30 seconds

Well balanced program: Rule 7290

N. Collegiate:

A team of 12 to 20 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.

Program duration: 3 minutes, 30 seconds

Well balanced program: Rule 7280

O. Open Adult:

A team of 8 to 16 skaters. The majority of skaters must be at least 19 years or older.

Program duration: 2 minutes

Well balanced program: Rule 7520

P. Open Masters:

A team of 8 to 16 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.

Program duration: 2 minutes

Well balanced program: Rule 7530

Q. Masters:

A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.

Program duration: 2 minutes, 30 seconds

Well balanced program: Rule 7510

R. Adult:

A team of 12 to 20 skaters. All skaters must be at least 21 with the exception that up to four team members may be 18, 19 or 20 years of age. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.

Program duration 2 minutes, 30 seconds

Well balanced program: Rule 7500

Teams are permitted to have a maximum for four alternates, in addition to the maximum number of athletes allowed on the ice at their level.

Crossover Rules:

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

The chart below illustrates the levels where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 7200 – 7530, in addition to the statement above.

	Snowplow Sam Synchrono, Synchrono Skills 1, 2 or 3	Preliminary	Pre - Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Open Masters	Masters	Adult
Snowplow Sam Synchrono, Synchrono Skills 1, 2 or 3															
Preliminary															
Pre - Juvenile															
Open Juvenile															
Juvenile						X	X								
Intermediate					X		X	X	X						
Novice					X	X		X	X						
Junior						X	X		X		X				
Senior						X	X	X			X				X
Open Collegiate															
Collegiate								X	X						X
Open Adult															
Open Masters															
Masters															X
Adult									X		X			X	

RULES/ISU COMMUNICATIONS:

See the current rulebook/website for current rules and ISU communications.

<http://www.usfigureskating.org/story?id=84114>